

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanden Abeele Syl

Coaches: Heyligen Bert

Coaches: Planckaert Pieter HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 51: 200M BREASTSTROKE MEN 15-16 Heat:1, starttime: 09:00

Heat: 1/2 Lane : 2 Athlete: DHAENE NIELS Q-time: 02:46:00

PB (25m pool): 02:46.00 Diksmuide 12/10/2025 PB (50m pool): 02:47.87 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.97		01:19.09		02:02.94		02:46.00
		00:36.97		00:42.12		00:43.85		00:43.06
								

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12 Heat:3, starttime: 09:22

Heat: 3/9 Lane : 1 Athlete: ROIJERS REMI Q-time: 01:32:55

PB (25m pool): no time PB (50m pool): 01:32.55 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12 Heat:2, starttime: 09:38

Heat: 2/10 Lane : 1 Athlete: POPPE CÉLESTE Q-time: 01:34:23

PB (25m pool): 01:34.23 Diksmuide 28/12/2025 PB (50m pool): 01:34.64 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.29		01:34.23	
		00:42.29		00:51.94	
					

Coach feedback:

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Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:2, starttime: 09:38
Heat: 2/10 Lane : 4 Athlete: TUYTENS LAURE					Q-time: 01:30:95
PB (25m pool): 01:33.80 Ettelbruck 19/04/2026					PB (50m pool): 01:30.95 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.51		01:33.80	
	00:43.51		00:50.29		
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:4, starttime: 09:42
Heat: 4/10 Lane : 3 Athlete: VANCAMELBEKE LOTTE					Q-time: 01:27:73
PB (25m pool): 01:34.31 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:27.73 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.58		01:34.31	
	00:42.58		00:51.73		
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:6, starttime: 09:46
Heat: 6/10 Lane : 2 Athlete: DHUYVETTER EM					Q-time: 01:24:80
PB (25m pool): 01:24.80 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:34.71 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.41		01:24.80	
	00:39.41		00:45.39		
					

Coach feedback:

Event number: 55: 400M MEDLEY MEN 13-14							Heat:2, starttime: 10:02
Heat: 2/2 Lane : 2 Athlete: BOHIJN MILO							Q-time: 05:17:29
PB (25m pool): 05:17.29 Brugge 04/10/2026				PB (50m pool): 05:46.23 SB: 05:17.29 Brugge 04/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M
PB		00:35.20		01:19.32		02:01.15	02:40.18
	00:35.20		00:44.12		00:41.83		00:39.03
							
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5
PB		03:24.07		04:07.95		04:43.10	05:17.29
	00:43.89		00:43.88		00:35.15		00:34.19
							

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Event number: 56: 400M MEDLEY WOMEN 13-14							Heat:2, starttime: 10:15	
Heat: 2/2 Lane : 4 Athlete: LIBBRECHT ZOë							Q-time: 05:10:63	
PB (25m pool): 05:10.63 Brugge 04/10/2026				PB (50m pool): 05:27.91SB: 05:10.63 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.52		01:11.44		01:52.54		02:32.38
	00:33.52		00:37.92		00:41.10		00:39.84	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:16.57		04:01.00		04:37.81		05:10.63
	00:44.19		00:44.43		00:36.81		00:32.82	
								

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12							Heat:7, starttime: 10:45	
Heat: 7/10 Lane : 2 Athlete: ROIJERS REMI							Q-time: 01:08:57	
PB (25m pool): 01:08.57 LAGO Zwevegem 25/05/2026				PB (50m pool): 01:10.02SB: 01:08.65 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:33.28		01:08.57				
	00:33.28		00:35.29					
								

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12							Heat:2, starttime: 10:54	
Heat: 2/10 Lane : 7 Athlete: DHUYVETTER EM							Q-time: 01:12:57	
PB (25m pool): 01:12.57 LAGO Zwevegem 25/05/2026				PB (50m pool): 01:13.32SB: 01:13.26 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:35.37		01:12.57				
	00:35.37		00:37.20					
								

Coach feedback:

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Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:3, starttime: 10:56
Heat: 3/10 Lane : 6 Athlete: TUYTENS LAURE					Q-time: 01:11:93
PB (25m pool): 01:11.93 Brugge 04/10/2026					PB (50m pool): 01:12.57 SB: 01:11.93 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.36		01:11.93	
	00:34.36		00:37.57		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:5, starttime: 10:59
Heat: 5/10 Lane : 1 Athlete: VANCAMELBEKE LOTTE					Q-time: 01:10:77
PB (25m pool): 01:10.77 Brugge 04/10/2026					PB (50m pool): 01:11.38 SB: 01:10.77 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.86		01:10.77	
	00:32.86		00:37.91		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:6, starttime: 11:01
Heat: 6/10 Lane : 8 Athlete: POPPE CÉLESTE					Q-time: 01:10:04
PB (25m pool): 01:10.04 Brugge 04/10/2026					PB (50m pool): 01:10.75 SB: 01:10.04 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.01		01:10.04	
	00:34.01		00:36.03		
					

Coach feedback:

Event number: 61: 200M BACKSTROKE MEN 13-14							Heat:4, starttime: 11:20	
Heat: 4/5 Lane : 1 Athlete: BOHIJN MILO							Q-time: 02:30:45	
PB (25m pool): 02:30.45 Brugge 04/10/2026			PB (50m pool): 02:34.31 SB: 02:30.45 Brugge 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.85		01:13.95		01:53.64		02:30.45
	00:35.85		00:38.10		00:39.69		00:36.81	
								

Coach feedback:

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Event number: 63: 100M MEDLEY MEN 15-16					Heat:3, starttime: 11:49
Heat: 3/4 Lane : 2 Athlete: DEMEYERE LARS					Q-time: 01:04:99
PB (25m pool): 01:04.99 Zwevegem 31/05/2026					PB (50m pool): no time SB: 01:06.48 Waregem 26/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.09		01:04.99	
	00:30.09		00:34.90		
					

Coach feedback:

Event number: 64: 100M MEDLEY WOMEN 15-16					Heat:2, starttime: 11:55
Heat: 2/5 Lane : 4 Athlete: BONASSI HÉLÈNE					Q-time: 01:13:05
PB (25m pool): 01:13.05 Waregem 26/09/2026					PB (50m pool): no time SB: 01:13.05 Waregem 26/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.05	
	no time				
					

Coach feedback: